



**NHS**

**“IT’S JUST  
A ROUTINE  
CHECK-UP”**

## **JUST COME SEE US**

If you are due to see your midwife or maternity team, it's important that we see you to check on the health of you and your baby.

Your NHS is here to see you, safely.

**Your  
health  
matters**

**help us  
help you**